

SPY + SURVIVAL BRIEFING

LIFESAVING STRATEGIES FROM FORMER CIA AND SPECIAL OPERATIONS PERSONNEL

WHERE BIDEN WAS A TRAIN WRECK, THE CIA SUCCEEDED

Planning Insights From The Agency's Twenty Year Tour of Duty

By Jason Hanson

Former CIA Officer

Even though the initial disastrous withdrawal is over, Afghanistan will continue to be a lingering problem for the U.S. and a safe haven for terrorists. But now, I want to take a look at some things that went right during the withdrawal and what you can learn from them and apply to your own preparation and planning.

While the spy business often involves betrayal, for the CIA officers and assets working in Afghanistan that wasn't the case. The Agency knows better than anyone else how crucial our Afghan allies were to the war on terror. The fact that the U.S. has



not had a major attack in 20 years is due in part to the work of our Afghan partners. In fact, even as the U.S. military was preparing to leave, local allies conducted covert missions outside the airport.

Due to all the help of the Afghan assets, the CIA believed it had an obligation to them and their families. But exfiltrating CIA allies from the past 20 years wasn't an easy task. In April, CIA Director William Burns made a secret trip to Afghanistan to discuss plans to evacuate covert assets.

And while many people suffered during the horrible withdrawal of U.S. forces, the majority of the Agency's Afghan partners were evacuated. Exact numbers are classified, but let's

just say the Agency rescued more than 20,000 Afghan allies.

Now, hopefully you never find yourself in the middle of a war zone. But you never know when you will need to evacuate a dangerous area. This could be a protest that has turned violent or a sporting event that turns into mayhem. So, here are a few things that you should keep in mind when attempting an evacuation based on how the Agency does it.

First, have a rally point. Ahead of the military withdrawal from Afghanistan, the Agency worked to gather their assets. Afghans living in remote locations were told to make their way towards the capitol. About 3 miles from the Kabul

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airport was a secret CIA safe house called "Eagle Base." This became a transportation hub.

When you are trying to leave a hostile area, you need a rallying point. Everyone in your group needs to be aware of the rally point. And you need a secondary rally point in case the first one is compromised.

Next, you need to carefully choose where to extract yourself from. In Afghanistan, while the rally point was the CIA safe house, the extraction point was the airport. It's where they physically evacuated the country.

When choosing an extraction area, the terrain is your best friend. Try to choose a location that offers cover and concealment from threats. Also, consider your ability to protect the extraction area. Will you be able to defend the area until you leave?

Some of the best extraction areas are swamps, jungles, and mountain areas. These types of areas would be difficult for the enemy to navigate, but you could be prepared with a waiting boat or 4X4 vehicle.

Finally, have contingency plans in

place. You may have plans to flee by car, boat, or air, and plans to set up security around the location. But you also need a contingency plan in case enemy contact is made while you are waiting.

Before you reach the extraction point you need to decide if you are going to abandon the area if it's hostile. Will you regroup at the backup location or engage the enemy? If half your group is loaded into the car but the rest cannot get in safely, do you leave? Or do you get people out of the vehicle to defend against the enemy?

These decisions need to be made in advance and everyone needs to be clear on the plans beforehand and then you all need to stick to the plan.

Unfortunately, the world we live in is getting crazier by the day. You need to have plans in place, and backup plans, to stay safe — whether at your home, at the grocery store, or at work.

The CIA was the first in Afghanistan and they were among the last to leave. That's because they had a very detailed plan in place and they executed it. You can and should do the same.

Rapid Raft

The Rapid Raft is a small packable raft made by the Uncharted Supply Co. The tiny, durable raft weighs only 3 lbs., is about 6-feet long, and can hold up to 400 lbs. To inflate the raft, you unroll it, hold the raft into the wind, and let it fill up. There is also a one-way valve on the side of the raft to manually add air.

The Rapid Raft is made for quick deployment and designed to fill up in about 60 seconds. The raft is made using a Nylon Oxford TPU Laminate. It's 200D for the tubes and 400D for the raft floor. The raft is more durable than you'd expect, but it's meant for flat water and wouldn't do very well in rough water.

It was first designed to fulfill a military order for quick water crossings. The raft was made for rapid deployment, inflation, and repacking in the field.

When not in use, the raft packs down to a small size about the same as a loaf of bread. If you live near water and are looking for an emergency bug out raft, you may wish to check this out.

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Spy & Survival Briefing is published monthly by Spy Briefing LLC, 124 S. Main Street #4090, Cedar City, UT 84720. www.SpyBriefing.com.

Spy Briefing President: Jason Hanson; Managing Editor: Robert Conroy; Graphic Design: Mena Sugg

IS SILVER TOO HIGH TO BUY?

How To Navigate Market Premiums and Get The Best Value

By Forest Hamilton
Universal Coin & Bullion

When I started working at Universal Coin and Bullion in 1999, gold was hovering around \$250 an ounce and silver was just over \$5 an ounce. In the past 22 years, I have seen gold over \$2,000 an ounce and silver over \$50 an ounce, nearly 10x higher than when I started.

Today, gold is in the \$1,750 range and silver is under \$25. Based on history and previous market highs, it would appear that silver is clearly the better value. But value is more than price. Just because silver is less than half of its all-time high doesn't make it the better value.

And just because gold is nearly 90% of its all-time high doesn't mean it isn't the best value since value is more than price. I realize it probably seems like I am leaning towards gold being the better value. I'm not. I'm simply working hard to make sure you don't make the same surface mistake that so many people make and go out and buy something just because it is cheaper, easier, or more popular.

When clients invest in silver and gold bullion with me, I make less than 1%, regardless which metal they are buying, so my recommendations are based on what I feel is best for my clients for their specific wants and needs, while analyzing historical data, current events, the most likely future scenarios and market premiums.

That last one is a big one. If the market premium is too high for a specific metal or coin, I will recommend against it. For instance, in early 2021 I stopped recommending United States minted Silver American Eagles for the first time in my career.



They have always been my favorite silver coin for investment purposes. They are the world's most recognizable silver coin, the most popular silver coin, they are IRA eligible, and they trade relatively close to the daily spot price.

So, why did I stop recommending them? Because the market premium became egregious. You see, for most of my career, my actual dealer cost on Silver Eagles has been around \$3 over the spot price and then I sell them for less than 1% over that. With silver demand so high due to well-founded inflation fears, dollar depreciation fears, and economic concern, my cost on Silver Eagles shot up to \$10 over the spot price. In other words, the premium more than tripled.

In real money terms this means that if silver was \$20 an ounce and you were paying \$30 an ounce for Silver Eagles, then silver would have to go up 50% for you to break even. I turned away hundreds of thousands of dollars in Silver Eagle orders because I wasn't comfortable with that type of market premium.

Most of my clients were open to alternatives and I was able to find

them government minted silver coins like Canadian Maple Leafs and Austrian Philharmonics for less than half of the Silver Eagle premium. I loved the price point of silver bullion, but it was important to have perspective in order to make sure my clients weren't overpaying for the actual coins.

That said, I truly believe that now is one of the best times in history to invest in gold and silver to hedge against the inflation that is already here, to insure your wealth in the event of an economic or stock market drop, and to take advantage of the cyclical investment opportunities that we are currently seeing. Just make sure that you have someone with perspective to guide you into the right silver and gold coins, at the right prices, at the right time.

[Publisher's Note: For questions about buying gold and silver coins you can contact Forest Hamilton directly at foresthamilton@universalcoin.com or call 800-822-4653. Please know, if you purchase any coins from Forest, we don't receive any compensation from him. We simply know he's one of the good guys in the business that can be trusted.]

BEWARE THE NEW, DEADLY EVOLUTION IN CYBERWARFARE

How To Survive A Killware Attack

By Mr. X

Former Intelligence Operative

The latest and most dangerous form of cyber-attacks is called killware. It's estimated that by 2025, most cyberattacks will be killware. Here's a real-life example of how killware works based on the cyberattack against health care provider Health Services — one of the largest health care providers in the U.S. The company operates 26 hospitals and 328 health facilities.

The cyberattack shut down operations and forced computer systems to completely shut off. As a result, health care providers had to keep records on paper. Some hospitals even had to divert incoming ambulances to other hospitals. One hospital worker said, *"Our ER is closed to ambulances and OR's are closed and all ambulances and surgeries are being rerouted."*

The cyberattack did not steal or compromise any patient information. But it blocked healthcare providers from accessing patient information, which forced longer delays for patient treatment. While there is no information that any patients died as a result of the delay (just rumors at this point), these attacks have the potential to cost someone their life, and it's where killware got its name.

Nowadays, more and more attacks are targeting infrastructure. As this continues to happen, it's more likely the cyberattacks are going to harm or even kill people. For instance, the attack could target chemical plants or anything that has the potential to lead to death.

The unfortunate fact is, it's only a matter of time before killware starts taking a significant number of victims. So, here are a few things to keep in mind when it comes to

killware attacks. One, you need to be self-sufficient. Killware is designed to shut things down. This is done by taking infrastructure offline and impacting the average user.

In natural disasters such as a hurricane, there is help on the way. First responders might not be fast but they are working as hard as they can. But in a killware attack, everyone will be targeted including those brave first responders. No fault of their own but you can't expect any help to come.

Ideally, you should already have food storage. But now is the time to think long-term. Consider adding a garden to provide food when your food storage runs out. Another option is to keep livestock that you could consume if needed. Start looking at long-term solutions when it comes to survival.

Also, prepare for no communication. During a natural disaster, communication such as cell phones might still work. You may have spotty coverage, but it's better than nothing. But in a killware attack, communications could be taken completely offline. You won't have internet, landline, or cell service. And it won't be spotty. It will be completely down.

This is why it's so important to have other forms of communication. A CB radio is a great start. This would allow you to communicate with people in your immediate area. A longer-term solution would be a HAM radio. If you don't have your HAM radio license this is something you may wish to look into. Communication is the key to staying safe. You need to know where the threats are, as well as have the ability to communicate with like-minded people and these methods might be your only option.

Understand the domino effect. When hackers carry out a killware attack they want to cause as much damage as possible. Their goals are made easier because so many pieces of infrastructure are connected.

So, if the power grid goes offline this could also affect cell towers. Many cell towers only have enough backup power to last about four hours. If killware targeted the power grid, it could then knock out cell coverage and so on.

Once one major piece of society fails others will follow. Which means even during an emergency, you still need to be prepared for the next event. If the power goes out, be prepared for the next failure.

Looking forward, it's likely that cyber hackers will continue to focus on things like hospitals and the power grid. Without healthcare, the dominos will start to fall, and without power, things will quickly devolve into chaos.



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This month, you can get our newest book called **AFTERSHOCK** for free. This book reveals the four huge events that are going to cause serious disruption to America... and how to take your preparation to the next level in order to be able to take care of your family. Get the book at www.1776Defender.com.

ANYTHING YOU SAY CAN AND WILL BE USED AGAINST YOU

Keyword Research Can Come Back To “Jab” You

By Michael D.

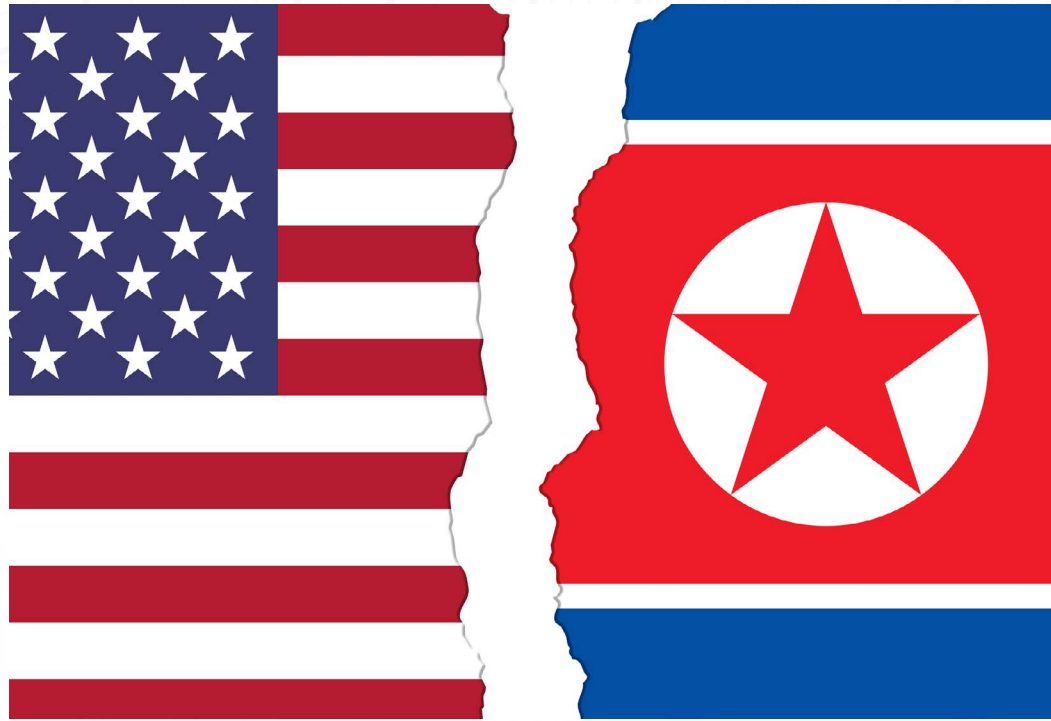
*Former Clandestine Officer, CIA,
DIA, NSA*

I was assigned to track down, identify, and target a man who entered the United States under a false identity. I was working under the authority of a Foreign Intelligence Surveillance Act (FISA) Warrant and working directly with the FBI to track this guy down.

I knew a great deal about him because I had the knowledge and experience of working him as a target while he was in his native country of North Korea. Which means I knew his mission and I had a general idea of his objective here in America. However, he had managed, with the full assistance, resources, and political machinations of his home country, to slip into America without our prior detection.

We only learned that he was here on U.S. soil because our active intelligence efforts against him as a high-threat target revealed that he had left North Korea on an international trip. But we didn't have to ponder long to know where he was going and what he planned on doing. That's because we knew what he was planning so that we had him on our High Threat Matrix as a target.

The first step was to use sound judgment to know where to begin looking for him. I knew that would be in Washington, D.C. because that is where he had secret connections within the diplomatic community. Those secret connections would be able to help him slip in under a false name and get him lodging and access to his target.



The next step was tracking him down and isolating him. Then I had to get positive, corroborated proof of identification. Part of the process of tracking him down and identifying him was the phraseology he, and those in his movement, used to refer to certain American activities and targets. The phrase was what's known as a “keyword.”

Keyword is a term we use in the intelligence community to identify words or expressions of special interest because of their use in isolated contexts. They reveal a latent ideology that is intentionally being concealed by the obscure use of the term or phrase.

In this case, in order to avoid undue attention, they used cover terms when they made reference to certain topics. Their intent was to disguise and obfuscate their communications related to their ideologically motivated intent. It was very rudimentary for an operative who had been trained in classical espionage and infiltration

but it did make sense because had he used a more sophisticated method of covert or clandestine communications, it would have actually made it much faster and easier for me to spot him, as “only real spies do real spy things.” So, the simplicity actually acted as its own cover.

In his case, when he had nefarious intent, he used the term “choke tie” to refer to Americans or American institutions or activities. For instance, he might say something like, “It's because of the foolishness they teach in the choke tie universities.”

For those familiar with the Korean Language and culture, the reference is vivid. “Choktae” is the Korean word for “hostile,” which is the name of the very lowest class of the official North Korean Songbun socio-economic-political caste system. Its near-equivalent would be “beggar.”

It did not take too long for me to scan through the people moving

around in the already-targeted social circles to find networks of people using the term “choke tie.” From there, using spy skills such as communications traffic analysis, hierarchy mapping, and proximity distributions, I was able to isolate my target.

I tracked him down to a warehouse just outside of Washington D.C. He was meeting with a small group of diplomatically immune filth. These people were scum. They weren’t spies, or warriors, but instead were purveyors of evil, drugs, and sex trafficking.

We achieved positive identification from several unique and validated collection methods. I waited until he was departing the facility to notify my FBI counterparts that he was positively identified and that I, as the US Foreign Intelligence Officer with the authority to make that official pronouncement, would sign the affidavit to that effect.

They intercepted his vehicle just moments later and arrested him. He was charged with espionage. His false credentials had not been good enough to protect him. His

cohorts all received notices from the U.S. Department of State that those personnel, of several different countries were being placed on official Persona Non Grata (PNG’d) status and an official démarche was being filed.

They had “legitimate” embassy-issued credentials identifying them as official personnel of their home country. But those PNG’d embassy-associated intelligence assets of the various foreign countries would have to leave the US within 24 hours and never return to any U.S. controlled area.

And while that was a win for the country, here’s where this info can come in handy for you. When you use certain terms, for example “jab,” when referring to the series of COVID-19 vaccinations, you are announcing to the U.S. Government as well as local government and law enforcement that you are attempting to hide from their notice as you conceal your contempt for the now mandatory treatment.

People who disagree with the Vaccination Cult (VC) (and note

here that not everyone who gets the vaccination is a member of the VC; the VC members are those that would see great punishment heaped upon every man, woman, and child who objects to being vaccinated for any reason), often fear using the terms normally associated with open discussion of the topic. Words like the “COVID-19 Vaccination.”

Those in agreement with the lockdowns, multi-masking, and segregation of the “un-vaxxed,” are not shy about talking about the vaccine.

Just remember, there are tens of thousands of American intelligence and law enforcement officers and agents paying very close attention to what you say and write. This isn’t the America of the 1990’s. The Constitution has been relegated to the modern re-write of history and is now taught in schools and universities as an ancient tool of the white supremacists and “choke ties.” It is as outdated as is modesty, self-reliance, and faith.

Now, I’m using the hot topic of vaccine here, but it applies to anything. Don’t lose sight of the lesson, regardless of how you feel about the “jab.” If you intend to disguise the topic, any elements, or your genuine feelings about an issue in spoken or written words, be thoughtful and avoid words and phrases that are in fact beacons or ensigns that actually reveal your confidences. Somehow, evil people with tyrannical designs have come to hold powerful positions in all levels, branches, and activities of our various governments. These small, despotic creeps bring to mind a quote from Star Trek the Original Series: “Wrong thinking is punishable. Right thinking will be as quickly rewarded. You will find it an efficient combination.” Do you really need to tell them what you are thinking unless you are in the privacy of your ballot booth?



GET THESE NOW, BEFORE THE SUPPLY CHAIN COMPLETELY CRUMBLES

The Survivalist's Medicine Chest

By Dr. Omar Hamada
Special Operations Physician

As the supply chain crunch continues to wreak havoc, it's starting to affect your ability to get basic goods at the local store. If you haven't been impacted yet, as the backlog piles up, it could be right around the corner.

It's not only food that is becoming scarce in some areas, it's also medicine. So, I wanted to provide my list of medications that I have in my survival pack. This way you can get them now, and be able to treat yourself in the coming days, weeks and months ahead.

Remember to always talk with your primary care physician before taking any medications and to get the proper dosage for your particular needs. You can adapt this list for your needs, but here's what I recommend for general use:

Aspirin to control pain, inflammation and for clotting inhibition. Motrin used for fever control, pain, and inflammation and Tylenol to reduce pain and fever.

Colace for use as a stool softener, pesticide, and oil dispersant. And Dulcolax can be used for a colonic laxative. You can also use Senna Glycosides to relieve constipation.

Be sure to have some Phenergan on hand for prevention of motion sickness and nausea and vomiting. And stock Imodium to treat diarrhea from infectious and inflammatory causes.

Use Pepcid for treating peptic ulcers, indigestion, and gastroesophageal reflux. Zantac can also be used to treat peptic ulcers, indigestion, and reflux. It has 10-times the activity

of Tagamet and causes fewer side effects. It is also used in severe allergic reactions to provide a more thorough histamine blockade. And Tums can help prevent and treat indigestion and reflux.

An EpiPen is good to have handy to treat severe asthma attacks, croup, anaphylaxis and cardiac arrest. Melatonin can help modulate depression, seasonal affective disorder, sleep deprivation/restriction, sexual dysfunction, gastrointestinal reflux, immune system function, autism, tinnitus, migraine and vascular headaches, and age-related degradation including Alzheimer's.

Now, in addition to those medicines, here are some antibiotics you should consider stockpiling: Amoxil (amoxicillin) is a moderate-spectrum B-lactam bacteriolytic antibiotic. It acts by inhibiting bacterial cell wall synthesis in both Gram-positive and Gram-negative bacteria. It's used in the treatment of middle ear, pharyngeal/tonsillar, upper respiratory, skin, and uncomplicated urinary tract infections.

Bactrim (trimethoprim/sulfamethoxazole) is a sulfonamide antibiotic combination of trimethoprim and sulfamethoxazole in the ratio of 1:5. Trimethoprim is a bacteriostatic chemotherapeutic agent that inhibits DNA synthesis. Sulfamethoxazole is also bacteriostatic and blocks folic acid synthesis which in turn inhibits DNA synthesis. The two drugs in combination provide a bactericidal effect. This medication is used to treat infections of the upper respiratory tract, sinuses, urinary system, and certain intra-abdominal and gastrointestinal infections.

Cipro (ciprofloxacin) is a broad-spectrum general-use antibiotic. It acts by inhibiting Gram-positive and Gram-negative cell division. It's used to treat serous intra-abdominal infections as well as infections of the skin, bones and joints, as well as the respiratory, urinary, and gastrointestinal tracts.

Flagyl (metronidazole) is a nitroimidazole antibiotic, amebicide, and antiprotozoal that acts by deactivating approximately 150 different types of critical enzymes used by anaerobic bacteria and certain protozoa. And it is used for the treatment of intra-abdominal infections, gastrointestinal infections, bacterial vaginosis, pelvic inflammatory disease, giardiasis, trichomoniasis, and amoebiasis.

Vibramycin (doxycycline) is a long-acting semisynthetic tetracycline with antiprotozoal and antibacterial properties. It is used to prevent and treat Malaria, Chlamydia, Anthrax, Plague, Lyme, Rocky Mountain Spotted Fever, and Legionnaire's. Doxycycline is also used to treat skin, upper respiratory, gastrointestinal, and urinary tract infections, and it has anti-inflammatory properties.

I've provided a thorough list to deal with a wide variety of potential health issues, and included many options and alternates in this list so you can tailor it to suit your particular needs.

The big idea here is to ensure you have a ready stash of medicines to help you deal with a broad range of issues. You never know when, or for how long the shelves will be empty. Best to be prepared.

HOW TO MAKE TRAINING FOR SELF-DEFENSE AS EASY AS POSSIBLE

Simple Steps For A Kick-Butt Home “Dojo”

By Matt Numrich
Head Instructor Of Spy Black Belt

I regularly get questions about what it would take to set up a simple, yet highly functional, at-home training area for practicing and training martial arts and self-defense. Obviously, if you really want to train in your home, you're going to need some extra space. This could be in your garage or an area in your basement. It needs to be large enough that you can safely perform movements and store your training equipment.

For your gear needs, your best bet is to shop online for either standard martial arts gear or specific things you'll need for an individual art or sport. Unfortunately, for now, you need to keep in mind that shipping delays can mean that your gear won't arrive for weeks.

Alternatively, buying used equipment can help your budget and cut down on the timeline to get it, but be sure the gear is in good condition and safe to use. Some things to look for would be excessive wear and tear on padding and obvious defects or flaws.

Some of the common gear to use is boxing gloves, kick pads, punching bag, floor mats, and the “Bob” training dummy.

If you need any pointers before you begin practicing and training, there are a myriad of resources available from Spy Briefing or you can drop in on classes at a local martial arts or self-defense school. If you can't travel, you can check to see if any studios are offering Zoom or YouTube classes online, since many have turned to those offerings during the pandemic. Some platforms may also offer paid martial arts training for your home practice.



In addition, don't overlook the importance of reading martial arts and self-defense books. Most have detailed and thorough descriptions of the moves along with pictures. And, as an added bonus, books typically do a good job of explaining the philosophy behind the overall martial art and the reasoning behind the individual movements. Reading these types of books is another way to train and should be used whenever you can.

One of the drawbacks of practicing martial arts at home is that you won't have an instructor to help keep your practice safe, but there are a few things you can do to ensure safety for your family. First, always use exercise mats to avoid injuries when falling and when practicing martial arts moves.

Also, if you (or other members of your family) will be sparring, make sure that you all have the right protective equipment, including headguards, gloves, and mouthguards. Frequently clean

and disinfect all sports equipment. Finally, know that accidents do and will happen, so make sure you have a first-aid kit.

You can always set up your smartphone to record your session and ask a local expert to review what you're doing and offer pointers for improvement. By using the technology already in your pocket, you can make huge leaps in your ability, often learning faster and better than those who don't record and review their sessions for improvement.

Finally, your new training space doesn't have to be limited to martial arts or self-defense training. You can use it to lift weights, practice yoga, or work on any of your other fitness goals, all from the safety and convenience of your own home. And if you have kids or grandkids, it's an easy way to spend quality time with them while still reaping the benefits of staying active. Good luck and good training.