

# SPY + SURVIVAL BRIEFING

LIFESAVING STRATEGIES FROM FORMER CIA AND SPECIAL OPERATIONS PERSONNEL

## HOW THE WORLD'S LARGEST COMMUNIST COUNTRY IS TAKING OVER

### China's Newest Spying Tactic Should Alarm Everyone

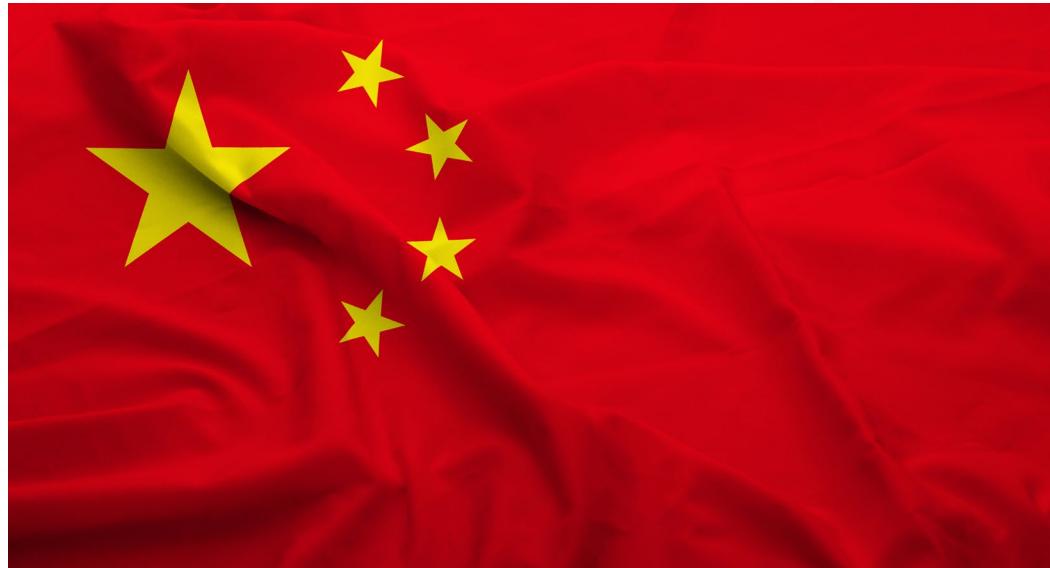
By Jason Hanson

*Former CIA Officer*

Chinese economic espionage costs the U.S. over \$320 billion a year. Eight percent of China's gross domestic product comes from counterfeit products. But their spying on the U.S. government and its citizens is much worse.

Christine F. is a Chinese citizen who came to the U.S. in 2011 as a college student. She spent the next four years getting close to American politicians. Her goal was to gain access to political circles and gather personal information about politicians. One U.S. intelligence official said, "She was on a mission."

According to U.S. intelligence, she had intimate relationships with at



least two mayors of U.S. cities. U.S. officials don't believe that Christine got any classified information, but she helped other agents to also get close to politicians.

She helped an intern get a job at the office of Democratic Congressman Eric Swalwell. She also raised funds for his reelection campaign. And she volunteered for the campaign of California Democrat Ro Khanna in 2014.

Christine started as a typical college student. She got involved in campus activities and she was president of the Chinese Student Association. From there, she worked with political citizens on campus and attended campaign rallies. She

met mayors by attending mayoral conferences and expanding her contacts. After introductions, she would collect private information about politicians including schedules, habits, and social network information.

Christine is an example of how China has evolved in its spying techniques. They plan and play the "long game." You see, the US is very impatient when it comes to spying. We don't put some college kid over in China and wait 5, 10 or 20 years for the payoff. However, China will put a college student in the US and is willing to wait 10 years before they get a good job with the US government or Apple or Microsoft, etc.

#### WHAT'S INSIDE

- 3** Is Hyper Inflation Coming?
- 4** Julia Child And Napoleon Agree On This Survival Maxim
- 5** Why America's Spies Stopped Spying
- 7** How to Stay Healthy the Next Few Months
- 8** No Water Filter? No Problem

The FBI learned of Christine after she was caught on surveillance with a suspected Chinese spy. In 2015, when Christine learned that the FBI was on to her, she fled the country.

This proves China is continually adapting. They are no longer just trying to get Americans to spy for them. They're actively infiltrating the U.S. But that's not all. Recently, China passed a new data privacy law. It's supposed to provide data protection to hundreds of millions of consumers. The law puts restrictions on what companies can do with personal data. It would change the way Chinese companies do business.

In reality, China could care less about protecting personal information. Instead of helping, as you'll see, this law has nefarious purposes that may have worldwide effects. Here are a few ways that the new Chinese data protection law could affect you.

One of the intentions of the law is more control of companies. Specifically, it's a way to influence big Chinese companies such as WeChat and TikTok. In addition, foreign companies that don't follow the new law could be blacklisted. This would prevent overseas companies from processing the personal data of Chinese citizens.

The law requires companies to protect people's personal information. For companies operating in China, they must hire a data protection officer. Sounds good, right? Here's the problem: the Chinese government will have access to the personal data they are

allegedly trying to protect.

So, if you do business, or if you even buy something from a Chinese company the communist Chinese government will have your personal information. According to a cyber security expert, "*The Chinese government is the greater threat to individual privacy...*"

Here's proof. Any Chinese company that collects data about people will be required to store the data in China. The physical servers that house the data will be in China. And any company that has data on over a million people will need to have authorization to send the information to another country.

The day the law was introduced, Yahoo shut down its services in China. According to the company they cited an "*increasingly challenging business and legal environment.*" Other American companies that operate in China will have to decide if the new laws are worth the reward. One company the law will impact is Apple. They have a big market in China and it's unknown if Apple will give in to strict Chinese laws. (I bet they will, they want the money.)

There's no question this new Chinese data protection law isn't about protecting data. It's about control and politics. It's a new spying technique with worldwide implications. Companies, countries, and anyone buying, selling or traveling to China needs to beware.

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## Sure Water Tank

There are many different ways to store water for an emergency. But if you have a big family or want to plan long-term, the Sure Water Tank may be your best option. The Sure Water Tank holds 260 gallons. It's made in the USA from food-grade material and is BPA-free. It weighs 70 pounds empty and 2,170 pounds when full.

The tank is 28.75 inches wide x 32.25 inches deep x 86.25 inches tall. It comes with brass spigots to dispense the water. If you have a family of five this could provide 52 days' worth of water if each person uses a gallon per day. This tank is designed to stay in your home and it should be stored in a basement or ground floor for obvious weight reasons.



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# IS HYPER INFLATION COMING?

## How To Prepare Now To Protect Yourself

By Forest Hamilton  
*Universal Coin & Bullion*

The Handbook of Monetary Economics defines hyperinflation as “a threshold in the rate of increase in prices of 50% per month.” Investopedia says hyperinflation is “out-of-control inflation, in which the price of goods and services rises at an annual rate of 1,000% or more.”

Simply put, hyperinflation is caused by an oversupply of paper currency without a corresponding rise in the production of goods and services. So, do we have an oversupply of paper? And are we headed for hyperinflation?

Johns Hopkins University Professor Steve Hanke and Invesco of London top economist John Greenwood wrote in the Wall Street Journal that “between December 2019 and August 2021, the U.S. money supply, measured by M2, grew by \$5.5 trillion, a stunning 35.7% increase in only a year and a half, driven primarily by the Fed’s purchases of Treasuries and mortgage-backed securities. In light of anticipated Federal Reserve tapering, we estimate that by the end of 2024 the money supply will grow another \$5.1 trillion.”

If this increase in money supply is not supported by matching economic growth as measured by the GDP (Gross Domestic Product), the result will lead to hyperinflation. If the GDP isn't growing, businesses will raise prices to boost profits just to stay alive. Since consumers will have more money, they will pay the higher prices — an algorithm for inflation. As the

economy continues to deteriorate, companies will charge more, consumers will pay more, and the central bank will print more money, creating a vicious hyper inflationary cycle.

So obviously, the answer is yes, we do have an oversupply of paper currency. But not all countries in history that printed too much money fell into the hyperinflation cycle. As long as their citizens didn't lose confidence in the economy or the monetary system, they were usually able to pull the nose up and avoid the crash.

Unfortunately, people I talk to every day are losing confidence in our economy, our monetary system and our government. And due to the oversupply of money, and rapidly dropping confidence in the U.S. dollar and the U.S. government, inflation has reared its ugly head.

The Labor Department recently announced that its Producer Price Index (PPI) rose 0.6% in October and is now running at an 8.6% annual rate. Gasoline prices alone surged 6-plus percent in just one month. Then, the Labor Department announced the Consumer Price Index (CPI) for October rose even faster, by 0.9% (an 11% annual rate).

Over the past 12 months, the CPI is up 6.2%, the largest gain in 31 years. The core CPI, which excludes food and energy, rose 0.6% in October and is up 4.6% in the past 12 months. Energy soared 4.8% in October, led by a 12.3% increase in heating oil.

Natural gas was up 6.6% and winter is coming. In the past 12 months, energy services are up by 59.1%, including a 49.5% gain in gasoline at the pump.

Following the release of these dramatic inflation figures, gold rose by nearly \$100 per ounce in eight trading days from the \$1,763.45 London setting on November 3rd to \$1,863.80 on November 15th (+5.7%). Silver rose 6.9% in the same time span, from \$23.58 to \$25.21.

**"Over the past 12 months, the CPI is up 6.2%, the largest gain in 31 years."**

It is widely accepted that gold and silver have been the best hedge against inflation for all of history. The way that the citizens and governments of the world are still turning to gold and silver to protect themselves — even with stocks and cryptocurrencies at all-time highs — proves this tradition still has merit.

So, whether or not we see 50% per month or 1,000% per year hyperinflation, my clients and I are much more confident with a significant portion of our savings in physical gold and silver

**[Publisher's Note:** For questions about buying gold and silver coins you can contact Forest Hamilton directly at [foresthamilton@universalcoin.com](mailto:foresthamilton@universalcoin.com) or call 800-822-4653. Please know, if you purchase any coins from Forest, we don't receive any compensation from him. We simply know he's one of the good guys in the business that can be trusted.]

# JULIA CHILD & NAPOLEON AGREE ON THIS SURVIVAL MAXIM

## Is This Missing From Your Gear?

By Mr. X  
Former Intelligence Operative

Before she was famous, Julia Child was a spy. Born in Pasadena, California in 1912, she grew up a privileged child. In September 1941, Julia volunteered with the American Red Cross. She also worked in the Aircraft Warning Service, a civilian branch of the U.S. Army that monitored aircraft entering U.S. airspace.

In 1942, she worked as a typist for the Office of War Information. By the end of the year, she was working with the Office of Strategic Services (OSS), the precursor to the CIA. While working for the OSS, Julia created her first big recipe — a shark repellent. There had been multiple shark attacks against U.S. Naval officers since the start of the war, and the sharks often set off explosives that were meant for enemy boats.

So, Julia created a copper acetate that was effective at repelling sharks. About that time, she said, "I must say we had lots of fun. We designed rescue kits and other agent paraphernalia. I understand the shark repellent we developed is being used today for downed space equipment — trapped around it so the sharks won't attack when it lands in the ocean."

Called "Shark Chaser," it was issued by the Navy based on Julia's original recipe until the 1970s. After World War II, Julia attended one of France's most prestigious cooking schools. When she returned to the U.S., she wrote her first cookbook.

The fact is, Julia Child knew how to fill stomachs, which is vital in a

survival situation. And Napoleon Bonaparte famously said, "An army marches on its stomach."

This is never truer than when you are in a bug-out situation. But many people overlook an important aspect of food while bugging out — cookware. Having cookware is an essential part of survival planning. Eating cold foods won't lift your spirits or boost morale. Also, if it's cold, it won't warm you up at all. The ability to boil water is crucial if your survival water filter fails. But you can't boil water if you have nothing to boil it in.

When you are building your bug out bag, weight is one of the most critical aspects. So, you want your cookware as light as possible. And the weight comes down to two things, the material and how much cookware you carry.

Stainless steel is a popular option. It's durable and can handle high temperatures. Plus, you can use it with stoves or fires. Aluminum heats evenly and quickly, and it's a great choice if you don't want to break the bank. Also, titanium is very light and strong. It will hold up the best, but it's more expensive. Just ensure your cookware matches your stove. Some cookware only works with certain styles of stoves.

Don't forget utensils. The pot won't help you if you can't stir anything. Utensils are cheap and won't take up much room. A titanium spork is certainly a good thing to have.

If you don't have any cookware here are a couple to consider: The Trekology is a 6-in-1 cookware set. It has a 450ml titanium pot, lid, spork, and silicone gripper

so you can hold the pot and eat from it. It also includes an alcohol stove and 30ml fuel container. The entire kit weighs 7.4oz. The kit is approximately 9cm x 9cm x 10.5cm.

Another option is the Lixada Camping Titanium Cookware, which is made of 100% titanium. It includes a 750ml pot, 420ml cup, and a folding spork. It is corrosion-resistant and won't leave a taste or odor on your food. It has collapsible handles and breaks down to a small size. This set does not include a stove.

When bugging out, you need the means to cook food since a warm meal can be critical for survival. If you don't have a quality cook set as part of your bug-out gear, consider getting one today.



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[www.GunPatriot.com](http://www.GunPatriot.com)

for full details.

# WHY AMERICA'S SPIES STOPPED SPYING

## Still Playing Catch Up After Obama

By Michael D.

*Former Clandestine Officer, CIA,  
DIA, NSA*

My target was the top-level diplomatic communications of a communist government. Specifically, I was working the General Secretary of the Party, the President, and the Prime Minister. My work was only possible and accomplished on the shoulders of those who preceded me. Lives were lost in the noble efforts to find ways to spy on these offices. Those who sacrificed the full measure knew that the cost of freedom is often the blood of patriots.

There were hundreds of us involved in the collection, analysis, and reporting of the significant events in which these individuals were involved. By watching them and studying all of the topics and events that were important to them, we learned of the subjects, events, plans, weaknesses, and capabilities of the heads of all of the other communist nations with whom these men met and collaborated.

Such long-term surveillance and analyses require nearly incalculable resources; manpower, equipment, technology, systems, training, continually refreshed, skilled operatives, etc. It requires unbroken diligence and dedication to the craft of intelligence operations. I was lucky to be there on one of the occasions where such focus and intentional commitment paid off for American national security.

We learned that three major communist governments were colluding to defraud America and trick us into a nightmarish foreign

**"The graft and corruption continued to expand and permeate the entire federal bureaucracy."**

policy debacle. Their plans were sophisticated, intricate, and well-coordinated. If we had not had such a very close eye on them, even while tensions were at a relatively low-ebb, America would have been duped into an economic, military, and humanitarian catastrophe.

An intelligence failure of that magnitude would have rocked the world and destabilized the American culture, and it would have destroyed the credibility and effectiveness of a large contingent of both of the American political parties.

In that era, foreign intelligence was strictly devoted to protecting and advancing American national security and international freedoms. Politics was fine for discussions but none of us would have ever accepted an assignment that was specifically aimed at aiding or damaging a particular politician or political party. We all

had our own political views and allegiances but none of us would have ever thought of allowing our political attitudes to trump our oath to preserve and protect the Constitution.

But, based on my own personal observations, beginning with the Clinton administration, policy leadership positions began being intentionally staffed by ideologues from outside of the intelligence profession. Political activists were given positions and authority throughout federal government agencies based not on their professional credentials or expertise, but solely on their allegiance to a political party or individual.

The graft and corruption continued to expand and permeate the entire federal bureaucracy under the following administrations. Missions and assignments evolved into a centralized scheme of politically expedient intelligence work that supported certain party narratives, candidates, or stated positions.



An excellent example is how America's "War on Drugs" campaign diverted vast resources that had traditionally been directed at fighting the production, processing, transportation, and importation of illicit and deadly narcotics. We were fighting them, and winning, on their turf. Besides chemically tagging the opium products throughout the processing chain, an operation that allowed us to trace the entire process from the field to the dealer, we flew very dangerous treetop missions in low visibility with small aircraft that sprayed the fields with lethal herbicides.

In one Latin American country, that meant using a local, non-commercial private aircraft and dumping five-gallon buckets of herbicide while flying low over the fields. It was far more dangerous than using a large military aircraft that was designed to drop packages while flying. But it was also far more successful because the drug lords thought it was their competitors and not the US Government — America had big planes and would not need to use puddle-jumpers to dump buckets.

However, for political and economic (read: financial gain for a select few) reasons, we pulled our operators off of those missions. Instead, America adopted a policy of allowing the drugs into the country and then arresting everyone associated with them.

Then, during the Obama administration, a significant percentage of experienced foreign intelligence professionals of all ranks were redirected. Their traditional targets of communist regimes, terrorist activities, global syndicated crime networks,

narcotics trafficking, sex-slave trade, foreign-government sanctioned theft of U.S. trade secrets, cybercrime and denial of services, and a whole host of other perpetual national security threats were abandoned.

Instead of spying on our enemies and those who threatened American national security, these officers, many of whom were colleagues and friends of mine, were given new tasking. Serve President Obama like a king.

Their new assignment: Forsake foreign intelligence collections and develop a new breed of domestic intelligence collections and destabilization operations. Our spy force was pulled out of the field. Posts were abandoned, stations closed down, and multi-generational operations terminated.

Those officers, regardless of their area of specialization, were directed to start spying on Americans. While this was happening, no one was watching the Chinese develop hypersonic missiles, advanced artificial intelligence, cyber-attack strategies and techniques, blockchain economics, biological warfare or their new allegiance with Russia.

How could all of these grave threats to American national security escape the attention of the world's most robust and successful American foreign intelligence apparatus? Easy. They were demoted as targets, disincentivized as career-builders, and flat ignored by policy-level decision makers. The Obama-era intelligence officials sold out America and we are still paying the price for their treason. The drastic and devastating repercussions of

**"We flew very dangerous treetop missions in low visibility with small aircraft."**

their sedition continue to haunt us and endure well past their tenure in office to reveal their intentional damage to America, our national security, and our individual freedoms and liberties.

The recent and frightening discovery of these multiple Chinese advances and direct threats to American national security should be even more concerning when you consider that we continue to have no look-in powers to see what else they are developing. In the words of Donald Rumsfeld:

*"Reports that say that something hasn't happened are always interesting to me, because as we know, there are known knowns; there are things we know we know. We also know there are known unknowns; that is to say we know there are some things we do not know. But there are also unknown unknowns—the ones we don't know we don't know. And if one looks throughout the history of our country and other free countries, it is the latter category that tends to be the difficult ones."*

Individually and as a nation, we can no longer permit the category of unknown unknowns to rule our lives. If we have unknowns, we especially need to prepare for the unimaginable. Life without water running from the taps, grocery stores with empty shelves, no fuel for vehicles, and excessive government tyranny is close at hand.

One of the most logical ways to prepare is to examine everything you need in your daily life and begin to operate on the presumption that tomorrow, it will no longer be available. This is your opportunity to get what you will need while no one is watching you.

# HOW TO STAY HEALTHY THE NEXT FEW MONTHS

## 3 Steps To Winter Well-Being During A Global Pandemic

By Dr. Omar Hamada  
*Special Operations Physician*

Over these past two years, we've gone from empty ERs at the beginning of the pandemic when people were too scared to go to the hospital... to overflowing and bursting at the seams a few months later with COVID patients lying in beds in the halls because we were out of rooms... to now filled with non-COVID patients who've perhaps waited too long to address their now out of control medical conditions.

Right now, COVID is in a lull, but many epidemiologists predict we'll see another uptick, possibly during this upcoming winter. But even without COVID, winter is a time many become ill with pneumonia, flu, or exacerbations in heart failure and other problems.

So, how do you stay as healthy as possible during the winter months and moving forward into the future? There are three simple things you can focus on.

First, lock down your sleep the best you can. I know many have trouble sleeping because of insomnia, reflux, prostate issues, or sleep apnea. However, sleep is the most important thing we can do to protect our bodies, our brains, our emotions, and our immune systems. Sleep is the time the body regenerates, heals, and repairs. Without proper sleep, our body breaks down and health suffers.

To establish good sleep habits, you have to prioritize it above all. Pick a consistent bedtime and wake time and stick to it. Try to get an average of 8 hours a night in order to properly rehabilitate and repair the brain and the body. In fact, since sleep goes in approximately 90-minute cycles, it is best to get 4 or 5 of these cycles a night.

Also, keep your bedroom a little cooler than the rest of the house, or turn the thermostat down a couple of degrees an hour or so before going to bed. Some even use a cooling pad on their bed to promote deeper sleep.

Put your phone out of reach. Ideally, put it in another room as you sleep to prevent the buzzing, lights, and electromagnetic radiation that will affect you over time. Keep your room dark with blackout curtains and minimize any ambient light from electronics.

If you have difficulty going to sleep, developing a sleep routine beginning an hour or two before bed may help settle your mind and body into a sleep pattern. That routine may include a nightly reading, a cup of herbal tea, an ice-cold shower, or even a warm bath.

Second, lock down your nutrition. The most important thing here is to make sure you are getting good nutrition. Choose whole foods high in protein and healthy fats with a low to moderate amount of complex carbohydrates and good hydration.

Whatever you do, avoid soft drinks, sweet syrupy drinks, heavy amounts of juices, processed foods, fast foods, and simple sugars and carbohydrates. Processed foods high in unhealthy fats and simple carbohydrates and sugars will do nothing but lead to chronic disease, obesity, inactivity, and early death.

Third, make sure you live an active lifestyle with as much time outdoors in the sun and fresh air as you can. Short bursts of regular exercise are great, but even better is a daily habit of outdoor activities like walking, gardening, sports, and things that keep your heart rate up and your face in the sunlight.

So, three important aspects for better health this winter: sleep, nutrition, and regular activity. Be well. Stay healthy.



# NO WATER FILTER? NO PROBLEM

## Natural Ways To Filter Smelly, Sediment-Laden Water

By EJ Snyder

*Former Army Ranger and Extreme Survivalist*

Learning how to make a water filter is an invaluable survival skill. While a thousand years ago, people could wander through North America drinking any water they pleased, unfortunately, this is not the case anymore. Today, much of our water contains contaminants and pathogens (such as giardia) that may cause extreme illness, or even prove fatal in a survival situation. Unless you are sure that the water you are drinking is safe, then you absolutely need to purify it.

Modern water filters with micron-sized pores are very effective at filtering out pathogens, but if you don't have one, boiling is the next best option.

However, if your water contains a lot of sediment and/or strong odors, you can construct a primitive water filter using natural materials to remove the sediment and odors before boiling. Please note that natural filters alone do not remove pathogens.

The first step to making a water filter is to find or make a container that will hold everything together. If there is garbage around (which

unfortunately, there usually is) then you may find a plastic 2-liter soda bottle. The clear ones are my favorite to use when teaching students because you can actually see the layers and process of it all.

To start, cut off the bottom of the bottle and turn it upside down, creating a funnel that will work great for containing the filter materials.

If you don't have a soda bottle, you can make something similar out of bark by fastening it into a cone shape. Many trees have bark that is pliable enough to use for this. Elm, Pine, Birch, Cedar, and Basswood are a few that work quite well. It doesn't have to be a flawless piece, just one flexible enough to shape into a cone.

Once you shape a container into a cone, you'll need to tie it into place with rootlets, strips of bark, or whatever is at hand. You may want to trim the top of the cone too, to make it more even.

Next, you will stuff the base of the cone with a thick ball of grass. The grass will hold in all the material above it. Then, fill most of the cone with charcoal and then top it off with a layer of sand. If there is no sand around, you can use the smallest pebbles you can find. The sand acts to filter the big particulate material before they reach the charcoal. The charcoal helps remove odor and aids in purification.

Ancient sea explorers scorched wooden water barrels to preserve drinking water on long voyages. Regular charcoal has phenomenal absorption abilities. During the "Wild West" days, American Cavalry used charcoal along with



sand and gravel to filter swamp water for drinking.

Use what you have available in your particular situation and what mother nature provides you. You want several layers for the water to pass through so you can make it as fresh and clean as possible.

Then once it's filtered, if you have the means, always boil it. Because again, a homemade water filter does not remove pathogens, but boiling will kill them. Remember this saying: "Big Bubbles, Little Troubles."

But if you have no way of making fire, and it's a "do or die" situation, filtered water is better than nothing. Being sick and alive is better than being dehydrated and dead.

So now, if you are ever in an emergency situation, like a hurricane, or a flood, or even if a main water pipe breaks, the ability to make a homemade water filter will be a very useful skill to have and may just save your life.

Take some time to experiment with how to make these water filters. Try out different setups and components. Be smart, safe, and have fun. Stay hydrated and survive on.

